

# Massachusetts Council of Activity Professionals

Application for Membership 800 South Street, Suite 280 Waltham, MA 02453 Tel 617-558-0202 · Fax 617-558-3546

#### WHAT IS THE MASSACHUSETTS COUNCIL OF ACTIVITY PROFESSIONALS?

The Massachusetts Council of Activity Professionals (MassCAP) is a professional organization of activity coordinators established in Massachusetts in 1975. Activity professionals work in nursing facilities, assisted living facilities, senior centers, senior residences, community agencies, and adult day health programs. Membership in MassCAP is open to anyone interested in improving activity programming, participating in educational opportunities, and exchanging ideas with colleagues in the health care professions. MassCAP works with its membership, with other health care providers, and with regulatory agencies to ensure that activities programs exist which encourage the elderly to lead full and challenging lives.

#### WHAT IS AN ACTIVITIES PROFESSIONAL?

Activities professionals understand that the absence of meaningful activity may lead to anxiety, boredom, depression, and ultimately, to deterioration of mental and physical functioning among those we serve. Dysfunction is often reversible through engagement in therapeutic programming, enhancement of the activities of daily living, chosen varied activities, and vocational pursuits.

Activity professionals assess clients in order to develop and implement programs that assure a daily variety of possibilities in which each elderly person may foster relationships, and maintain chosen interests, whatever their ability level, and or setting in which they live. Adaptations and team training are continual.

#### **MEMBERSHIP BENEFITS:**

- I. Membership Card
- 2. Copy of By-laws
- 3. Access to Job Bank information
- 4. Quarterly newsletter 'IMPACT', which updates membership of professional and legislative issues; is a forum to share news among others in our profession;
- 5. Discounted registration fee for our highly informative seminars, including a state-wide annual Fall Convention; MEMBERS RECEIVE NOTIFICATIONS BY E-MAIL.
- 6. The right to VOTE, HOLD OFFICE, and NOMINATE PEERS FOR OFFICES, OR RECOGNITION;
- 7. MEMBER DIRECTORY, which includes information about satellite groups; workshops, and Board Officers' contact information.

Annual Membership Fee:\* \$50

Make check payable to: MassCAP Mail to: Massachusetts Senior Care Association

800 South Street, Suite 280

Waltham, MA 02453

For information call: (617)-558-0202

\*Membership in MassCAP is an <u>individual</u> membership, not a facility membership. Membership is for one year beginning on January I and ending on December 31.

**MassCAP Executive Board** 

President- Carla Pepka Secretary- Catherine Sabatini Vice President- Sandy Sarza Treasurer- Laurie Friis

## Massachusetts Council of Activity Professionals

Application for Membership/Renewal January I – December 31, 2019

Please type or print clearly	rly One application form per			rm per individual
Name:				
Current Membership N	lumber (if renewal):	_		
Email Address:				
Home Address:				
City:		State:		ZIP Code:
Home (OR CELL) Tele	phone:			<u></u>
Referred by MassCAP I	Member:			
Member's Facility:				
Facility Name				
Facility Address:				
City:	State:	Zip Code:		
		Your Title:		
	Home (recommended) □ my			
□ I am paying by <b>perso</b>	nal check or credit card. Credit card:	☐ MasterCard	□Visa	☐American Express
Account #:				
Exp. Date:	Billing Zip Code:	Security Code:		
Name on Card:		Signature:		
Make \$50.00 check pay MassCAP Massachusetts Senior C 800 South Street, South Telephone: 617,558,020	Care Association n 280, Waltham, MA 0245.	3		

### WHY JOIN MASSCAP?

MEET OTHERS WORKING IN OUR PROFESSION - IN SIMILAR SETTINGS- LEARN ABOUT OTHER PLACES TO WORK!! STAY UP TO DATE ON REGULATIONS! FIND OUT HOW TO MAKE OUR TASKS AND PROGRAMS EASIER AND MORE INTERESTING! RECEIVE DISCOUNTS FOR WORKSHOPS AND SEMINARS! EARN CONTACT HOURS.GAIN CONFIDENCE AS A PROFESSIONAL WITH SUPPORT FROM OTHERS IN THE SAME PROFESSION! ASK QUESTIONS! TACKLE ISSUES! SOLVE PROBLEMS! HAVE FUN, MAKE NEW FRIENDS! JOIN US! SOME MEMBER SERVICE SETTINGS:

Skilled Nursing Care Facility
Assisted Living Facility
Rehabilitation Center

Adult Day Health Program
PACE Center
HOME CARE

Senior Center Hospital TCU
Memory Care Unit Rest Home
Continuing Care Retirement Community...